Holmes Building Contractors Ltd Campion House Yarmouth Business Park Great Yarmouth Norfolk, NR31 0DN Tel: 01493 854908 Fax: 01493 659058

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Working Time Agreement

Contents

Revision Table	1
Policy brief & purpose	<i>'</i>
Scope	
Policy elements	

Revision Table

Revised on	Version #	Description	Approved by
13/03/2024	1.0	HP14-Update Format (Gary Anderson)	Ashley Barber
22/10/2024	1.0	No Updates	Ashley Barber
07/10/2025	2.0	No Updates / Re-issue	Ashley Barber

Policy brief & purpose

Ensure personnel are aware of their rights regarding the working time regulations.

Scope

By law (The Working Time Regulations 1998), employees and workers must not work more than 48 hours a week on average. This is usually averaged over 17 weeks

Limiting the hours people work is important for everyone's health, safety and wellbeing.

The 48-hour weekly limit applies unless the person:

Has 'opted out' of the maximum limit – this means they agree to work more hours













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Policy elements

Opting out of the 48-hour weekly limit

As employee you can choose to work more than an average of 48 hours a week.

To do this an 'opt-out agreement' must be signed

This is a written agreement and will be separate from your employment contract.

As the employee you do not have to agree to opting out of the 48-hour weekly limit and Holmes Building Contractors will not cause the employee detriment because they did not opt out.

Detriment means someone experiences one or both of the following:

- being treated worse than before
- having their situation made worse

Examples are as follows

- if Holmes reduces your hours without good reason and without consulting with you
- you experience bullying or harassment
- you are turned down training requests without good reason
- you are overlooked for promotions or development opportunities

If as an employee you change your mind about opting out

You can cancel an opt-out agreement at any time but you must give Holmes reasonable notice (14 Days) of your intention to do this.

Opt-out agreement

I agree that I may work for more than an average of 48 hours a week.

If I change my mind, I will give my employer Holmes Building Contractors Ltd, 14 days' notice in writing to end this agreement.

PRINT NAME	SIGN	DATE











